

Memory Café

DANCE THERAPY

Every First Wednesday of the Month

Next Gathering: **March 4, 2020**

1:30PM - 3:30PM

The Sheridan at Park Ridge

510 N. Greenwood Ave. Park Ridge, IL 60068

RSVP: centerofconcern.org/cafe | 847-823-0453

Center
of Concern



**THE SHERIDAN
AT PARK RIDGE**
a Senior Lifestyle community

AGEOPTIONS

Memory Café is a monthly gathering of individuals with memory loss along with their caregivers, friends or family in a safe, supportive and engaging environment. **JOIN US** for refreshments, conversation, and activities in a welcoming place to support persons affected by memory changes. We welcome adults of all races, ethnicities, religious backgrounds, spiritual practices, genders, and sexual orientations. This program is supported by AgeOptions.

