

Celebrity Chef Tiffany Derry Comes to Advocate Lutheran General Hospital



**Thursday, November 10
6 p.m. – 7:30 p.m.**

**Advocate Lutheran General Hospital
Olson Auditorium
1775 Dempster St, Park Ridge**

- Event is FREE
- Taster samples provided
- Meet your local Novo Nordisk Certified Diabetes Educators
- Resources available in multiple languages
- 100 Healthe You points available for Advocate associates

Join reality TV chef and entrepreneur Tiffany Derry, best known as a fan-favorite on Bravo TV's "Top Chef," and a Novo Nordisk Diabetes Educator when they visit for a healthy cooking demonstration and educational workshop.

Diabetes Educators will teach: Diabetes 101 • Staying Healthy

Chef Tiffany Derry will show how to make a low-carb, full-flavor dish and share favorite healthy recipes.

Register: 1.800.323.8622 or

<https://ha.advocatehealth.com/class/Classcode/8D27>

Diabetes Academy is offered by Novo Nordisk, a leading diabetes care company. For tools and resources to manage day-to-day care, visit Cornerstones4Care.com

